

Winter Squash Wonders

Did you know the word squash comes from the Native American word "askutasquash" which means "eaten raw or uncooked"? The word search below contains the name of 11 different types. Can you find them all?

F S X P T N C T L Q B K B C P
 P W H J A H P V Q Q A A G G B
 W E S E J A L A A I F U Q L T
 I E C S U G A R P U M P K I N
 K T A A P M B U T T E R N U T
 A D R C D E L I C A T A S S N
 B U N O X R Q P Y N P X P R Q
 O M I R W U H M E Q W T A W X
 C P V N H U B B A R D U G E B
 H L A K Z H A S S R M R H R J
 A I L K K S A D V W C B E D Y
 G N G Q N S T E R N K A T R L
 X G F O P O L U F L A N T R Z
 B U T T E R C U P F Q Y I I T
 W J J F X Y L J O D W V K N E

Sweet Dumpling	Sugar Pumpkin	Spaghetti	Buttercup
Butternut	Delicata	Hubbard	Carnival
Kabocha	Turban	Acorn	



Social Media Spotlight

What's your favorite type of winter squash? Share with us @carolinahungerinitiative on Facebook and Instagram and @carolina_hunger on Twitter using #NCHarvestOfTheMonth

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