



CAROLINA HUNGER INITIATIVE NUTRITION EDUCATION

FREE Virtual Nutrition Classes Starting Soon!

**Learn more and register at:
www.go.unc.edu/SeptMini**



CHI Nutrition Education classes use the Food Smarts curriculum. This mini-series focuses on creating healthy relationships with food and movement.

**Dates: Tuesday, September 3 and Tuesday,
September 10**

Time: 6:30-7:30pm

