





CAROLINA HUNGER INITIATIVE NUTRITION EDUCATION

FREE Virtual Nutrition Classes Starting Soon!

Learn more and register at: go.unc.edu/fall24chinutr

CHI Nutrition Education classes use the Food Smarts curriculum. Food Smarts helps you build healthy habits and make nutritious food choices on a limited budget.

Participants may be eligible to receive a \$10 gift card for their participation.

Dates: Tuesday, October 8 through November 5

Time: 6:30-7:30pm