





# CAROLINA HUNGER INITIATIVE NUTRITION EDUCATION

## FREE Virtual Nutrition Classes Starting Soon!

#### Learn more and register at: <u>go.unc.edu/fall24chinutr</u>

CHI Nutrition Education classes use the Food Smarts curriculum. Food Smarts helps you build healthy habits and make nutritious food choices on a limited budget.

Participants may be eligible to receive a \$10 gift card for their participation.

### Dates: Tuesday, October 8 through November 5

#### Time: 6:30-7:30pm