



CAROLINA HUNGER INITIATIVE NUTRITION EDUCATION

FREE Virtual Nutrition Classes Starting Soon!

**Learn more and register at:
go.unc.edu/chinutredlink**

CHI Nutrition Education classes use the Food Smarts curriculum. Food Smarts helps you build healthy habits and make nutritious food choices on a limited budget.

Participants who attend ALL 3 lessons and complete our final evaluation survey may be eligible to receive a \$10 grocery store gift card provided by the Inter-Faith Food Shuttle.

Dates: Tuesdays, April 8 through April 22, 2025

Time: 6:30-7:30pm

