

Chicken Salad & Peach Sandwich

Total Time: 15 minutes

Servings: 2 sandwiches



Ingredients

- 4 slices of whole grain bread
- 1 ½ tablespoons nonofat mayonnaise
- ½ cup cooked chicken, diced
- 1 cup canned peach slices, drained & diced
- 1 small celery stalk
- ½ cup apples, diced
- 1 small onion, diced
- 1 tablespoon chopped walnuts

Directions

1. In a medium bowl, mix together chicken, apples, peaches, celery, onion, walnuts, and mayonnaise.
2. Spoon mixture evenly between two slices of bread.
3. Place remaining two slices of bread on top of each sandwich, and enjoy!

Recipe from MyPlate

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