

Fresh Salsa

Makes: 4 servings
Prep Time: 15 minutes

Ingredients

- 2 tomatoes, chopped
- 1/2 onion, chopped
- 3 jalapeño peppers, finely chopped and seeded
- 1/4 cup cilantro, chopped
- 1/4 teaspoon salt
- 1 lime, juiced

Directions

1. In a medium bowl, mix all ingredients.
2. Store salsa in the refrigerator for up to three days in a covered plastic or glass container.



NC SNAP-ED

▲ CAROLINA HUNGER INITIATIVE

**Nutrition
Education**

This material was funded by USDA's Supplemental Nutrition Assistance Program –SNAP. This institution is an equal opportunity provider.